



— BLACKCOWRESTAURANTS.COM —

SHAREABLES

CRAB CAKE | 19 GF

japanese cabbage salad, seaweed aioli

LAMB LOLLIPOPS* | 25 GF

grilled medium rare, cranberry goat cheese
fresh mint pistou

CRISPY CALAMARI | 18 GF

banana peppers, arugula, tomato, citrus aioli
marinara

FRANKIES' MEATBALLS | 18 GF

beef, pork & veal, herbed ricotta, marinara
fresh basil pesto, focaccia

ESCARGOT | 17 GF

garlic-herb butter, brie cheese

WINGS | 18 GF

Texas dry-rub, Dark Cherry-Habanero
or Japanese Barbecue

MUSSELS MARINIÈRE | 18 GF

white wine, shallots, garlic, butter, thyme, parsley

BANG BANG SHRIMP | 21 GF

crispy shrimp, bang bang sauce, scallions

KOREAN CAULIFLOWER | 18 GF

crispy cauliflower, bulgogi sauce, gochujang aioli

HOT BOWLS

CLAM CHOWDER | 10/13

our traditional new england recipe

BLACK COW CHILI | 9/11 GF

angus sirloin, andouille sausage, black beans
roasted corn

SOUP DU JOUR | 8/10

Executive Chef: Chris LeClair



COLD PLATES

PEAR & PECAN | 9/15 GF

mixed greens, Asian pears, honey roasted pecans
raisins, goat cheese, smoked maple vinaigrette

CAESAR* | 8/14 GF

tangy garlic-anchovie dressing, focaccia croutons
shaved parmesan

TORN ICEBURG | 8/14 GF

romaine, wakame, cucumber, carrot, tomato, red
radish, crunchy edamame beans, wafu dressing

BACON & BLEU | 8/14 GF

romaine, chopped applewood bacon, cherry tomato
red onion, focaccia croutons, ranch dressing
bleu cheese crumbles

POKE BOWL* | 26 GF

mixed greens, wakame salad, cucumbers, avocado
carrots, yellowfin tuna, salmon, sticky rice
spicy poke sauce

Additions:

*grilled chicken 9, *blackened salmon 14,
crabcake 14, *steak tips 14

STEAKS & CHOPS

FILET BORDELAISE* | 56 GF

8oz center cut Black Angus filet, garlic croute
root vegetables, shallot red wine demi

VEAL PORTERHOUSE* | 58 GF

20oz porterhouse chop, Yukon garlic mashed
grilled asparagus, wild mushroom marsala demi
touch of cream

STEAK FRITES* | 58 GF

16oz angus strip steak, pomme frites, watercress
bernaise sauce

COLA MARINATED TIPS* | 41 GF

roasted fingerling potatoes, seasonal vegetable

18OZ RIBEYE* | 59 GF

Black Angus ribeye, Yukon garlic mashed
grilled asparagus, smoked chili-ranch butter

16OZ NEW YORK STRIP BLEU* | 58 GF

Black Angus centercut strip, Yukon garlic mashed,
grilled asparagus, bleu cheese, Cabernet demi glace

ENTREES

BAKED HADDOCK | 34 GF

garlic mashed potatoes, seasonal vegetable
ritz cracker crumbs, lemon beurre blanc

*Add lump crab stuffing 14

SHORT RIB BOLOGNESE | 35

short rib & pork, San Marzano tomato, carrot
cream, ricotta cavatelli pasta

SEARED SALMON* | 34

shallot roasted russet potatoes, Brusseles sprouts
black pepper pecans, Ale-honey mustard sauce

CONFIT DUCK RAVIOLI | 33

duck confit & apple filled ravioli, shallots, spinach
vermouth cream

SHRIMP SCAMPI | 35

hot cherry peppers, grape tomato, baby spinach
herbs, scampi sauce, parmesan, linguine

BUTTERMILK CHICKEN | 33 GF

roasted buttermilk brined half chicken
root vegetables, supreme sauce

HANDHELDS

CATTLEMAN'S BURGER* | 22 GF

8oz signature blend patty, bacon-onion jam, cajun
onion strings, cheddar, Alabama white bbq

OLD FASHIONED* | 20 GF

8oz signature blend patty, american cheese

(add bacon 2.00)

NASHVILLE CHICKEN SANDWICH | 18 GF

fried chicken breast, nashville hot sauce, pickles
citrus aioli, brioche roll

ROASTED MUSHROOM | 18 GF

herb roasted wild mushrooms, roasted red pepper
arugula, house boursin cheese, pressed baguette

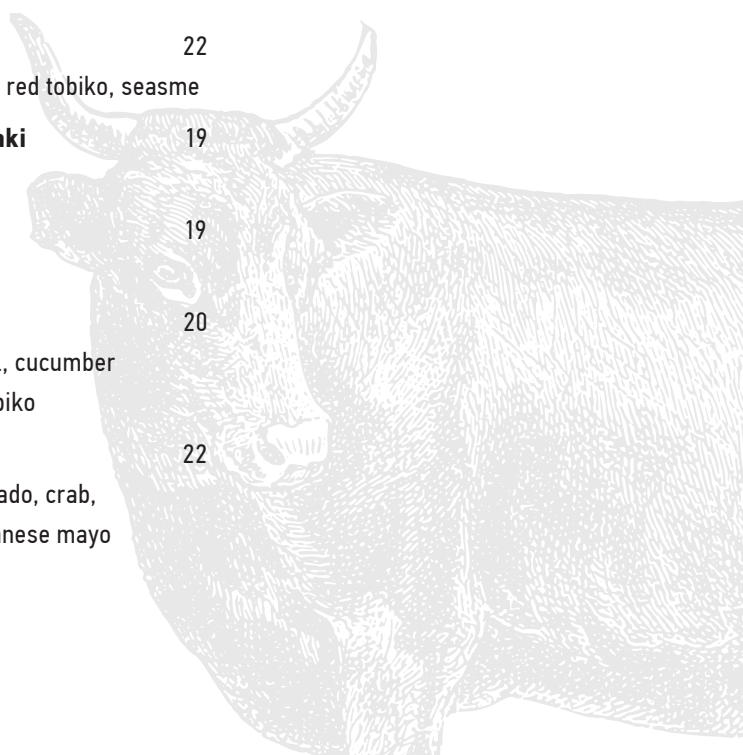
* Sub Sweet Potato Fries additional 2.25

* Gluten free bun available for above sandwiches 1.50

* GF: Can be prepared Gluten Free

BLACK COW

Rainbow Roll	23	Philadelphia Roll	15
tuna, salmon, yellowtail, crab, avocado, cucumber		salmon, cream cheese, cucumber, scallion	
red green black and gold tobiko			
Spicy Tuna Roll	19	Hell Fire Roll	23
tuna, cucumber, tobiko, sriracha mayo		super spicy tuna roll, sriracha, jalapeno, habanero chili	
Spicy Salmon Roll	17	Rock N Roll	23
salmon, cucumber, tobiko, sriracha mayo		tempura shrimp, eel, ebi shrimp, rock crab, avocado, unagi sauce	
Shrimp Tempura Roll	19	Tenmimi Roll	24
tempura shrimp, avocado, eel sauce, sesame		tempura shrimp, cream cheese, avocado, crab salad, tenmimi honey tobiko dressing	
Dragon Roll	23	Crunchy Hamachi	24
tempura shrimp, eel, avocado, yuzu sauce, tobiko		hamachi, cucumber, spicy mayo	
California Roll	16	sesame seeds, crunchy tempura flakes	
crab, avocado, cucumber, tobiko, sesame		Sriracha Salmon	24
Red Sox Roll	21	spicy salmon, cucumber & cream cheese topped with selected slices of salmon sriracha chili sauce	
tempura shrimp, tuna, avocado, red tobiko			
Veggie Roll	15	Tuna Sashimi (3 pc)	14
asparagus, avocado, cucumber, seaweed salad		Salmon Sashimi (3 pc)	14
Boston Roll	18	Hamachi Sashimi (3 pc)	14
tuna, salmon, yellowtail, tobiko		Tobiko Sashimi (3 pc)	14
Newburyport Roll	22	Tuna Sushi Nigiri (2 pc)	10
tempura shrimp, spicy tuna, scallion		Salmon Sushi Nigiri (2 pc)	10
Black Cow Roll	27	Hamachi Sushi Nigiri (2 pc)	10
tempura shrimp, lobster, tobiko, scallion		Tobiko Sushi Nigiri (2 pc)	10
Sushi Combo (13 pc)	31	Ikura Sushi Nigiri (2 pc)	10
tuna salmon hamachi and eel nigiri, california roll, tobiko		Tamago Sushi Nigiri (2 pc)	8
Sashimi Combo (17 pc)	41	Octopus Sushi Nigiri (2 pc)	10
tuna, salmon, hamachi, spicy salmon roll		Uni Sushi Nigiri (2 pc)	12
Sushi & Sashimi Combo (20 pc)	49	Avocado Sushi Nigiri (2 pc)	8
assorted nigiri, assorted sashimi, spicy salmon roll		SEAFOOD COCKTAILS	
Teriyaki Salmon Roll	24	Shrimp Cocktail (each)	3.75ea
seared salmon, teriyaki sauce, avocado cucumber, sesame seeds, scallions		Side Seaweed Salad	7
Alaska Maki	22	Daily Oyster Selection	2.75ea
smoke Alaskan salmon, cucumber, crab wasabi mayo			
Scorpions Maki	22		
squid, avocado, crab, red tobiko, sesame			
Salmon Avocado Maki	19		
tobiko, sesame			
Tuna Avocado Maki	19		
tobiko, sesame			
Unagi Maki	20		
marinated broiled eel, cucumber avocado, sesame, tobiko			
Futo Maki	22		
tamago, tobiko, avocado, crab, cucumber, tuna, Japanese mayo			



KIDS MENU

AVAILABLE FOR 12 YEARS OR YOUNGER

BURGER w/fries | 9

Add cheese 1.25/ add cherry-wood bacon 2

CHICKEN FINGERS w/fries | 9

GRILLED CHEESE w/fries | 9

PASTA WITH BUTTER OR SAUCE | 9

HOT DOG w/fries | 9